

EASILY FOUND FOOD FOR YOUR TORTOISE

There is an abundance of food that can be grown for your tortoise or found growing wild. When foraging be sure not to pick plants that have grown by busy road sides or that have potentially been sprayed with weed killer or pesticides.

If you are growing plants or weeds for your tortoise be sure to use sterilised top soil as a growing medium.. Use nothing with fertilisers in and do not fertilise the plants you intend to feed.

Getting a variety of plants into your tortoise's diet is essential. The website www.thetortoisetable.org.uk is a website that is a go to place for any tortoise keeper. It has a traffic light system for feeding guide lines .

Green = safe feed without restrictions

Amber= feed with moderation as part of a varied diet

Red = Do not feed

BROAD LEAF PLANTAIN



RIBWORT PLANTAIN



DANDELION



SMOOTH SOW THISTLE



PRICKLY SOW THISTLE



MALLOW



BRISTLEY OX TONGUE



TEASLE



CLOVER



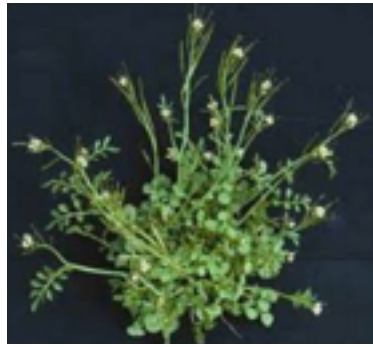
NIPPLEWORT



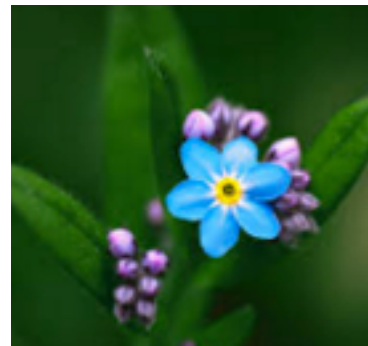
HAWKBIT



HAIRYBITTERCRESS



FORGET ME NOT



SPEEDWELL



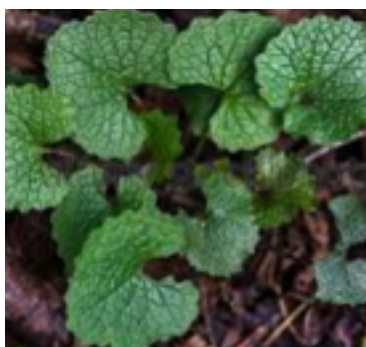
RED DEAD NETTLE



WHITE DEAD NETTLE



HEDGE GARLIC (JACK BY THE HEDGE)



SEEDUM



PANSY / VIOLA



VIOLET



GERANIUM



SNAP DRAGON



EVENING PRIMROSE



BUDDLIA



ROSE PETALS



NASTURTIUM



HOLLYHOCK

